



## **SMS Terms and Conditions**

By providing your mobile number, you agree that Community Counseling Associates may send you SMS messages containing appointment reminders and essential updates related to your counseling sessions only.

- You may unsubscribe at any time by texting the word STOP to the number 214-509-6888.
- You may receive a subsequent message confirming your request to opt-out.
- For help, send the word HELP to 214-509-6888.
- Message and data rates may apply.
- You agree to notify us of any changes to your mobile number and update your account with us to reflect this change.
- Data obtained from you in connection with this SMS service may include your cell phone number, your carrier's name, and the date, time and content of your messages, as well as other information that you provide. We may use this information to contact you and to provide the services you request from us.
- By subscribing or otherwise using the service, you acknowledge and agree that we will have the right to change and/or terminate the service at any time, with or without cause and/or advance notice.

If you have any questions, please contact Community Counseling Associates at 214-509-6888.

## **SMS Privacy Policy**

By providing your phone number, you agree to receive SMS messages from Community Counseling Associates regarding appointment reminders and important updates related to your counseling sessions. We will never share your phone number with third parties for marketing purposes. You can opt out of receiving SMS messages at any time by texting 'STOP'. Please note that standard SMS is not HIPAA compliant, so for sensitive medical information, please use our secure patient portal.